



March 26, 2018, For All Registrants ([PDFs of Status Reports](#)) ([List of Registrants](#))

Will Laundry Service Be Available?

I have received the following question that may be of general interest:

Will laundry service be available?

Most hotels offer laundry service, but it is often expensive and is done during the day, so if you are staying just one night, it won't work. Self service laundries are very rare in Europe. I put together a list of **Travel Tips** at:

<http://ars2018.org/downloads/TravelTips.pdf>

Here are some excerpts:

Laundry: Doing hand-laundry is the key to traveling light. Things usually dry very quickly if the room is air conditioned. In humid climates with no air conditioning, only quick dry fabrics will dry overnight. If we are in a city for a couple days and there are local laundries near our hotel, they may be very reasonably priced. Hotel laundry service is notoriously expensive, often as expensive as the clothes they are cleaning.

If we are only in a hotel one-night, we need our clothes to be dry in the morning. First, we only take cotton-free, quick-dry clothes. After washing, rinsing, and wringing out by hand, we lay out the wet clothes on a large bath towel, roll the clothes in the towel along the long edge and wring out as much water as we can. The towel gets soaked, but our clothes will be almost dry. We make sure we have dry towels to use the next morning.

Then we hang our clothes either on clothes hangers or on a clothes line where there is plenty of ventilation. Some hotels have a retractable clothes line in the bathroom. It is always good to have our own travel clothes line and travel clothes pins.

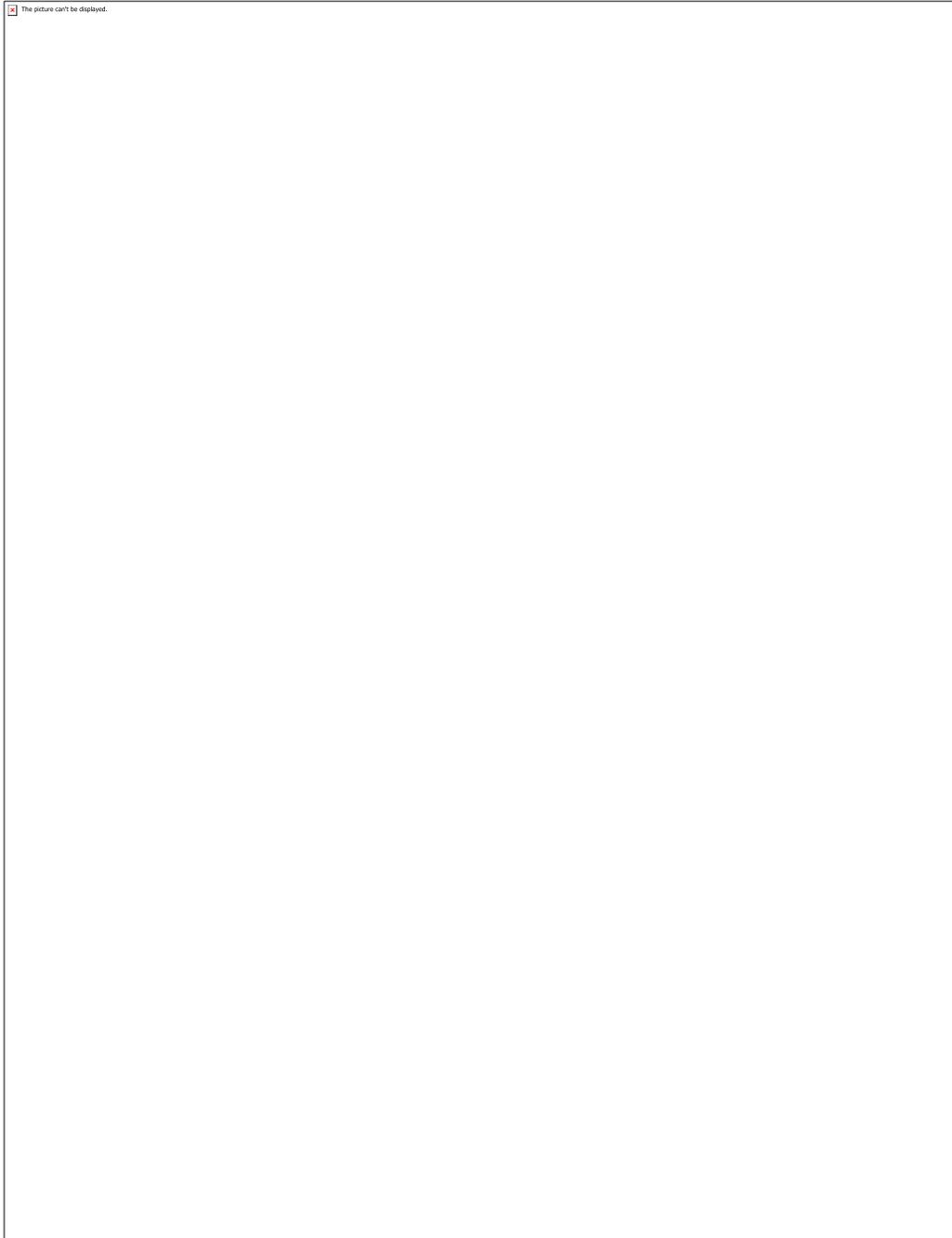
We use one of the plastic laundry bags hotels put in each room to use in our bag if we have any dirty clothes. My suitcase has an outside pocket that I like to use for dirty clothes to keep them separate from the clean clothes.

Quick-Dry: For the most part, we only take cotton-free quick-dry clothes. Cotton is nice, but it is very slow drying and not suitable for overnight hand-laundry where it must be dry in the morning. Wool isn't much better for quick drying. Also, cotton clothing is usually heavier than the man-made fiber clothing.

SPF items are good not only for the sun protection but also because they are quick drying, light weight, and good for travel. Some have a sloppy appearance, but some actually look quite good. Microfiber pants look dressy but aren't very warm.

- SPF quick-dry no-iron long-sleeve shirts
- SPF quick-dry & microfiber no-iron pants
- Quick-dry Travel Underwear
- Quick-dry socks (REI Co-op Performance Crew)

Our hotel in Bremen, the Swisshotel Bremen, is a couple minutes walk from the Stichweh laundry service. Their price list is:



Remember, you have to add about 25% to convert to US\$. This is probably cheaper than the hotel laundry services.

For more travel tips, visit:

<http://ars2018.org/downloads/TravelTips.pdf>

Important Links

Registrar: registrar@ars2018.org

Website: http://ars2018.org

Travel Tips: http://ars2018.org/FAQ.php

Itineraries & Maps: http://ars2018.org/packages.php

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